



## A mentoring initiative for girls in partnership with **One Way Ministries** and **Love Ottawa**

### VISION

No daughter left behind

### MISSION

Support mentors in being a godly presence in the lives of girls and make significant contributions to a successful and meaningful future for our daughters, their families, our communities, and our City.

### GOAL

To pursue productive interactions between mentors and mentees (**ages 12 – 23**) that engage spiritually, emotionally, and intellectually to foster trust and realize sustained, positive relationships for constructive and beneficial change.

### Contact Us

**Phone:** 613-225-0210

**Email:** [info@thecodeottawa.ca](mailto:info@thecodeottawa.ca)

**Web:** [www.thecodeottawa.ca](http://www.thecodeottawa.ca)

**Mentoring** is a relationship where someone with more experience, knowledge, and connections shares what they have learned with a less experienced person for mutual growth and development.

It is a sustained personal relationship which declares that people have **significant roles** and **immeasurable value** as they navigate life with all its many challenges and opportunities.

**Mentoring is scriptural.** Examples are **Eli and Samuel, Naomi and Ruth, Elizabeth and Mary,** and **Paul and Timothy.** They shared life experiences, listened, prayed, encouraged and advised.

Mentoring helps youth make **better life choices** and positions them to fulfill their God-given purpose.



# theCode for Girls

*Give a little, get a lot in return.  
And the best part is, you'll not  
only see what it does to them,  
you'll feel what it does to you.*



theCode for Girls  
89 Auriga Drive  
Ottawa, K2E 7Z2



## THE NEED

**Affirmation** – Girls are **15 times** more likely than boys to have eating disorders – *Canadian Institute for Health Information, 2014*. Suicide is the **second leading cause of death** among Canadian girls **ages 15-19** – *Statistics Canada, 2016*. Sixty percent (**60%**) of Canadians who say they are “very confident” had a mentor in their youth – *Angus Reid Omnibus Survey, 2013*.

**Retain our church youth** – **70%** leave the church by age 25 and by age 30, only **20%** are left – Study by *Evangelical Fellowship of Canada Youth and Young Adult Ministry: 2011*.

## THE OPPORTUNITY TO MENTOR

1. Guides mentees to make **better life decisions**
2. Models and creates **authentic relationships**
3. Nurtures **better mentee relationship with parents**
4. Builds the **next-generation servant leaders**

The leadership team of theCODE **trains and supports mentors** all along the mentoring journey.

## HOW YOU CAN HELP

- ✓ Commit to praying for the ministry
- ✓ Be a group or one-on-one mentor
- ✓ Refer mentors and mentees
- ✓ Provide or raise financial support
- ✓ Come and share your life lessons with our group of mentees
- ✓ Tell your network about theCODE
- ✓ Be a volunteer for activities and events

---

*“I became a mentor because I wanted to give. The thing I didn’t realize is how much I’d get.”*

---

## OUR TEAM

**Prayers/Intercessors:** Ensure the Hand of God builds and guides all ministry activities.

**Volunteers:** All who participate in the ministry to the glory of God and for the wellbeing of all.

**Leaders:** Pastors, and men and women of God.

**Mentors:** Qualified women with a heart for the holistic growth and development of girls.

**Mentees:** Young girls who are willing to trust the friendship of a more experienced woman as they journey over the next phase of their life.

**Parents/Guardians:** Partner with theCODE, and trust and support the goals of the ministry.



**Mentors** for girls are women with a heart for the younger generation and a proven demonstration of good character, compassion and stability.

It only takes a few hours per month (4-8 hours) to make a huge difference in the life of a youth.

## ATTRIBUTES FOR MENTORS:

**SHOW UP**...having prayed, be present “Let’s not merely say that we love each other; let us show the truth by our actions.” (1 John 3:18 NLT)

**LISTEN**...attentive and keep eye contact; listen with ears and heart. “Let the wise listen and add to their learning, and let the discerning get guidance.” (Prov. 1:5 NIV)

**AFFIRM**...use encouraging words and actions to nourish the relationship. “Don’t be selfish; don’t try to impress others. Be humble, thinking of others as better than yourselves.” (Phil. 2:3 NLT)

**MODEL**...authenticity and transparency, be real, be relevant, be relaxed. “Love is patient and kind.” (1 Cor. 13: 4-7 NLT)